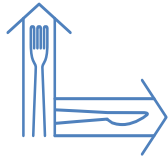


Understanding the impact of hyperphagia

	Suggested questions for caregiver	Suggested questions for patient
Sleep	<p>Does the patient wake up asking or searching for food during the night? How does this affect the patient's sleep?</p> <p>How does this affect you?</p>	<p>Do you wake up asking or searching for food during the night?</p> <p>[If yes]</p> <p>How does this affect your sleep?</p>
Mood	<p>How does hunger impact the patient's mood? Does the patient feel stressed due to feelings of hunger?</p> <p>How does this affect the patient's ability to get things done at home or at work?</p>	<p>Do you ever feel hungry after you just ate?</p> <p>Do you ever feel stressed out due to hunger, or worry about food?</p>
School/Work	<p>Does hunger impact the patient's ability to concentrate at school or work? How?</p>	<p>How does hunger impact your ability to concentrate at school or work?</p>
Recreational activities	<p>Does hunger impact the patient's ability to participate in recreational activities?</p>	<p>Has hunger ever impacted your ability to participate in recreational activities?</p>
Relationships with family/ friends	<p>How does hunger impact the patient's relationships with other family members/friends?</p> <p>Have you had any uncomfortable or strained interactions with your family or friends due to your child's hunger?</p>	<p>How does your hunger impact your relationships with family or friends?</p>

Characteristics and behaviors of hyperphagia¹



Heightened and prolonged **hunger**



Longer time to reach **satiety**



Shorter duration of satiety



Severe preoccupation with food



Food-seeking behaviors (night eating, stealing food, foraging for food in trash)



Distress and inappropriate response **if denied food**

Reference: 1. Heymsfield SB, et al. *Obesity (Silver Spring)*. 2014;22(suppl 1):S1-S17.